

Heartful Leadership

A new look at leadership



Welcome to PEARL Series!

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Heartfulness Institute –
a non-profit organization registered in USA
It offers simple practices of Relaxation, Meditation,
regulating the mind, and building inner strength and
attitudes for overall well-being.

www.heartfulness.org

www.heartfulness.org/webinar/

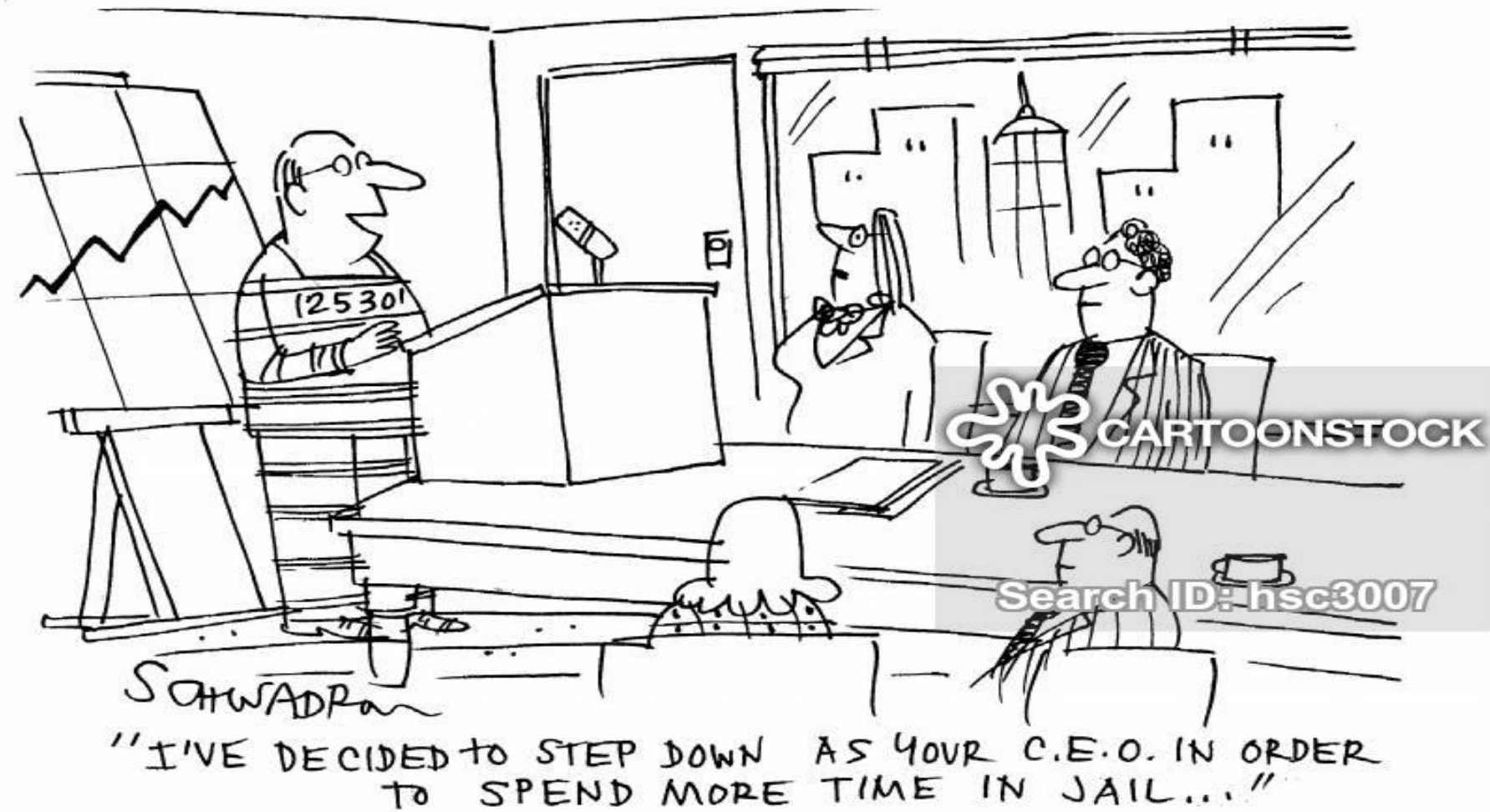
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The world is
facing a crisis of
Leadership

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Cartoon Published after Enron Scandal

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*Her Evangelical Megachurch Was Her World.
Then Her Daughter Said She Was Molested by a
Minister.*

Evangelical churches have long distanced themselves from the sexual abuse crisis that has consumed the Catholic Church. But a reckoning has arrived.

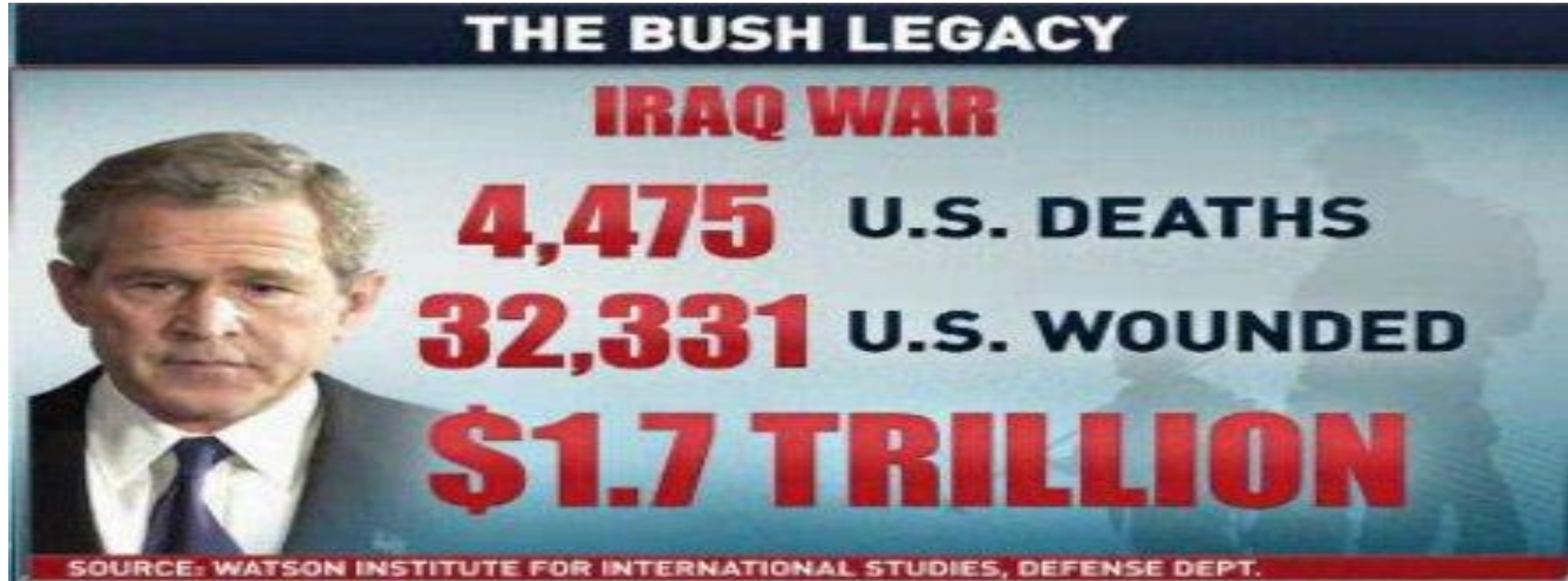
New York Times : June 10,
2019

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A CIA spy speaks out on Bush lies of WMD

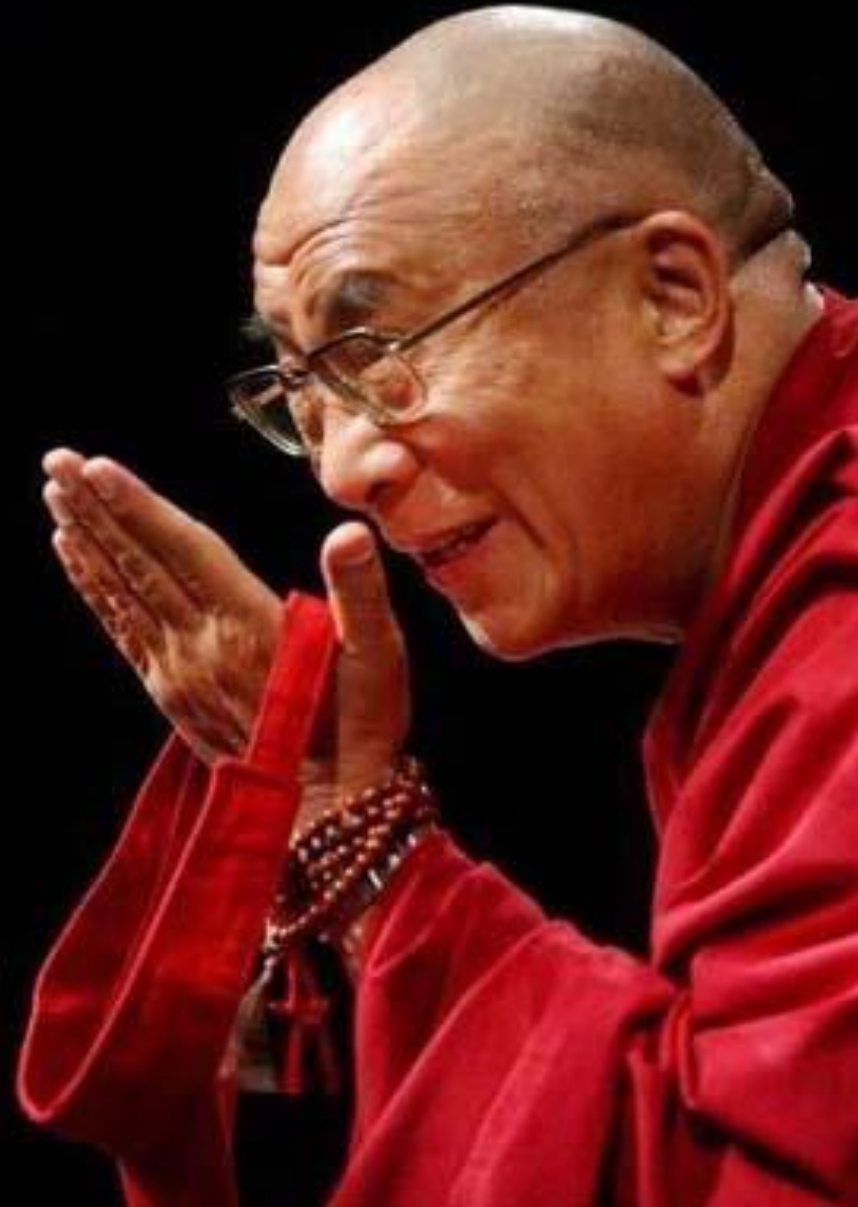
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The planet does not need more successful people. The planet desperately needs more peacemakers, healers, restorers, storytellers and lovers of all kinds.

~ *Dalai Lama*



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The Dalai Lama, when asked what surprised him most about humanity, answered "Man. Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."



Get a laugh @ PHOTOBLIP.COM

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Indian Prime Minister
and Sonia Gandhi (Head
National advisory
council) take a aerial
tour of flood ravaged
Uttarakhand June 2013

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Thai Prime Minister
Yingluck Shinawatra
distributing aid to flood
victims Oct 2011

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No prizes for guessing which
leader is more inspiring and
why?

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- Life is not about ambition but about aspiration
- Managers Motivate ; Leaders inspire
- Managers have ambition ; Leaders have aspirations

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Ambition versus aspiration what is the difference?

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- Ambition fulfils a lower purpose (e.g Money, power , position)
 - Alexandar “the great” (why great?)
- Aspiration fulfils a higher purpose (spiritual or social)

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- Passion/Conviction for the idea/s (Gandhi's discussion with Irwin)
- Intense Focus :
(Example of Aurobindo disciple freedom fighter who could sleep peacefully after several years)
Chanakya (I am not afraid of humiliation, death, no desire for fame wealth)
- Personal Sacrifice (Vivekanand, Marthin Luther King)

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- Take unfashionable decisions
 - Mahatma Gandhi (Chori Chaura Incident)
 - Lincoln (Emancipation Proclamation)
 - Chanakya (Getting Nanda's daughter wedded to Chandragupta as per legend)

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A individual can transform himself/herself from a Manager to a leader not necessarily by changing the role but by altering the attitude with which it is done

- Dhirubhai Ambani when launching Reliance Telecom(phone call at the price of post card and as easily accessible)
- Steve Jobs (great products , chance to change the world with John Scully versus market capitalization of apple)

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Dharma Tradition

- Western knowledge system is based on intellect and seeks to transform/master the external environment
- Dharma knowledge system is based on ‘Mind Sciences’ or “inner transformation” of the human being
- Dharma is often mistakenly equated with religion:
<https://rajivmalhotra.com/library/articles/dharma-religion/>

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Dharmic definition of Leadership

- Leaders have a cause which is higher than themselves
- They make personal sacrifices for that cause

Conventional definitions of leadership invoke images of power, authority and sometimes its misuse

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Why should any human being be willing to sacrifice for welfare of others?

- Dharma Posits that “others” is a product of a separative ego consciousness
- Separative ego consciousness is unreal. A divine unity underlies all creation.
- Through practices designed to regulate the mind this divine unity can be perceived

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What Happens when this divine unity is perceived through heartfulness practise:

- The being rests in inner bliss irrespective of outer turmoil
- The human world view changes from a limitation of body consciousness to an ever expanding consciousness of infinity
- Human thought and action is rooted in love and not pride, insecurity, want
- We experience states of existence similar to ones experienced by the long history of Master's
Like Gautam Budhha, Ramkrishna Paramhansa, Vivekanand

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We invite you all to this fulfilling
journey

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Heartfulness Relaxation & Meditation in Progress...

- Sit comfortably, close your eyes
- Relax your body and move your attention to your heart
- Gently have the idea that the **source of light** is illuminating your heart from within and pulling your attention inwards
- Feel immersed in the love and light in your heart

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Please send in your question to the speaker, by typing it in the FB comment section.

T H A N K Y O U !



Heartfulness Webinar
THROUGH MEDITATION, JOY

PEARL Webinar series
(Practical Educational Actionable Rejuvenating Life style)

Get in the flow zone
Reduces Stress and Supports Creativity & Innovation

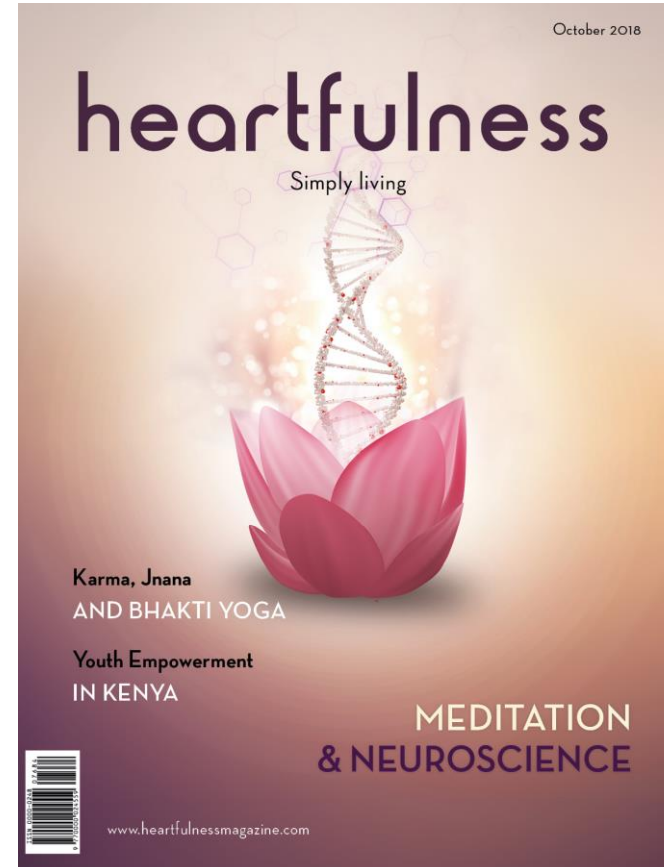
Speaker:
Chris Mills
Heartfulness Institute

Join us on
July 6th, 2019
at 7:00 pm IST
9:30 am EST
2:30 pm GMT

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Please send your questions to speakers in advance: pearl@heartfulness.org

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