



Ministry of Culture  
Government of India

heartfulness  
advancing in love



**GLOBAL SPIRITUALITY MAHOTSAV**  
Inner Peace to World Peace

**14th - 17th March, 2024**

*Kanha Shanti Vanam*

# SCHEDULE OF EVENTS



**Register here!**

# Thursday 14th March

Venue: Main Meditation Hall/All Satellites/All Displays



**6pm:** Start of Programme + Meditation



**7pm:** *Musical performance by:*  
Shankar Mahadevan  
Kumaresh Rajagopalan  
Shashank Subramanyam



**Register here!**



Ministry of Culture  
Government of India

**Friday,  
15th March**

**heartfulness**  
advancing in love

## YOGA/MEDITATION SESSIONS

VENUE: Main Meditation Hall/All Satellites: First Floor/All Displays



**YOGA**

5:30AM - 6:30AM

**Prahlada ji**  
**Director Sivananda India,**  
Sivananda Yoga Vedanta



**MEDITATION**

6:30AM - 7:15AM

### MEDITATION SESSION LOCATIONS

N4: Ground Floor: Heartfulness experiential sessions  
N4: First Floor: Heartfulness experiential sessions  
S4: Ground Floor: Transcendental Meditation - Morning Meditation  
S4: First Floor: Transcendental Meditation - Morning Meditation  
S3: First Floor: Transcendental Meditation - Morning Meditation

## MAIN PLENARY SESSION: Inner Peace to World Peace

9:30AM - 11:00AM

VENUE: Main Meditation Hall/All Satellites/All Displays

**Welcome address by Ranjana Chopra ji,**  
Additional Secretary and Financial Adviser, Ministry of Culture

**Address by Sister Usha Behn ji,**  
Brahma Kumaris

**Setting the Context by Shri. Kamlesh D Patel ji (Daaji),**  
Global Guide of Heartfulness

**Address by HH Chinna Jeeyar Swamiji,**  
Jeeyar

**Address by Sh. Gaur Gopal Das ji,**  
ISCKON

**Address by Swami Atmapriyananda ji,**  
Ram Krishna Mission

## MAIN PLENARY SESSION: Spirituality in Daily Life

11:00AM - 12:30PM

VENUE: Main Meditation Hall/All Satellites/All Displays

**Session opening remarks by Jt. Secy. Smt. Amita Prasad Sarabhai ji,**  
Ministry of Culture (Performing Arts)

**Address by Yogi Niranjana Nath ji**  
(Sant Dnyaneshwar Maharaj Sansthan)  
+ Experiential demonstration by Warkari groups

**Address by Swami Gita Govind Giriji Maharaj ji**  
Gita Parivar

**Address by Dr. Jayanti Ravi ji**  
(Auroville Foundation)

**Address by Sadhvi Shilapi Ji Maharaj ji**  
Veerayatan

**Address by MAASterG Shri Rajesh Kamra ji**

**Address by Pujya Bhaishree Ramesh Bhai Oza ji**  
Raj Chandra Mission

**Address by Rt. Hon Patricia Scotland, KC ji**  
Commonwealth Secretary General



4:30PM: Prelude to the Session with  
**Honorable President of India, Smt. Droupadi Murmu**

**Address by Swami Gauranga Das ji,**  
(ISCKON)

**Address by Swami Mukundananda ji,**  
Jagatguru Kripaluji Yog

**Address by Devi Chitrlekha ji,**  
World Sankirtan Tour Trust

**Address by Swami Amritaswaroop Nanda Puri ji**  
The Mata Amritanandamayi Math

**Address by Upasana Kamineni Konidela ji**  
Vice Chairman, CSR Apollo Hospitals Group and Managing Director, URLife

## 7PM: 'Sur Ki Sadhana'



**Sourendro Mullick**  
**Soumyojit Das**  
**Leslie Lewis**  
**Shweta Mohan**  
**Sadhana Sargam**

**Mangli**  
**Dr. Yashoda Thakore**  
**Iman Chakraborty**  
**and Sanjay Joshi**





Ministry of Culture  
Government of India

**Friday,  
15th March**

**heartfulness**  
advancing in love

## WISDOM SESSIONS: All Satellites: Ground Floor



### Session 1: 1PM - 1:30PM

Satellite S1

Talk by: Haji Syed Salman Chishty ji  
Gaddi Nashin:  
Dargah Ajmer Sharif ji  
Topic: Sufism and Spirituality

### Session 2: 2:30PM - 4:00PM

Panel discussion with key influencers  
on how we can find peace  
in the world of Social Media

**MODERATOR:** Pragya Mishra

#### PANELISTS:

Aridaman  
Juli Sharma  
Satyajit Majumder  
Manisha Rani  
Keerthi



### Nature and Spirituality

Satellite S4

### Session 1: 1:00PM - 2:15PM

Humanity's Co-Evolution with Nature:  
Exploring the Spiritual Connection

**MODERATOR:** Ananya S. Rao

#### PANELISTS:

· Dr. Elizabeth Denley ji  
· Swami Vidyapradananda ji  
· Swami Chaitanya Keerti ji

### Session 2: 2:30PM - 3:45PM

Sustainable Development  
through Thought Purity

**MODERATOR:** Subramanian S

#### PANELISTS:

Hari Madathil Rajappan Nair ji  
Geshe Dorji Damdul ji  
Muhammed Haniff Abdul Razak ji



### Spirituality @ Youth - Schools and Colleges

Satellite N4

### Session 1: 1:00PM - 2:15PM

Cultivating spiritual values of the heart  
to become the best versions of ourselves

**MODERATOR:** Liz Kingsnorth

#### PANELISTS:

Swami Bodhamayananda ji  
Pierre Ravan ji  
Dr. Bhavani Rao ji

### Session 2: 2:30PM - 3:45PM

Fostering Spiritual Growth in Youth: Finding your Path  
to Purpose

**MODERATOR:** Kritika Krishna

#### PANELISTS:

Krishnamani Maharaj ji  
Prahlada (T. Reddy) ji  
Milind Tukaram Patre ji  
Shivlilatai Patil ji



### Spirituality @ Work

Satellite N3

### Session 1: 1:00PM - 2:15PM

Role of Spirituality For an Effective  
Leader

**MODERATOR:** Prashanth Vasu

#### PANELISTS:

Sis Jenna ji  
Dr. (Smt.) Jayanti S. Ravi ji

### Session 2: 2:30PM - 3:45PM

Technology and Spirituality

**MODERATOR:** Pragya Kallia

#### PANELISTS:

Dr. Rollin McCraty ji  
Shivpreet Singh ji  
Ashwin Patil ji  
Usha Didi Naik ji



### Deepening Understanding of Spirituality

Satellite S2

### Session 1: 1PM - 2:15PM

Transforming from  
Human to Humane

**MODERATOR:** Raghav Rao

#### PANELISTS:

Swami Smaranananda ji  
Sadguru Charudatta Prabhakar Pingale ji  
Ha. Bha. Pa. Dnyaneshwar ji  
Rajesh Kamra (MaasterG) ji  
Mrs. Rajinder Kaur ji

### Session 2: 2:30PM - 3:45PM

Transforming from Humane to Divine

**MODERATOR:** Rishi Ranjan

#### PANELISTS:

Swami Japasiddhananda ji  
Gaddi Nashin - Dargah Ajmer ji  
Sharif Haji Syed Salman Chishty ji  
Sadguru Shri Riteshwar ji  
Sri Shubhra Ji



### Spirituality for Health

Satellite S3

### Session 1: 1PM - 2:15PM

Healing the Collective Soul

**MODERATOR:** Dr. Ajeya

#### PANELISTS:

· Dr. Harish Mirchandani ji  
· Saraswathi Vasudevan ji

### Session 2: 2:30PM - 3:45PM

Holistic health and wellness  
in these turbulent times

**MODERATOR:** Dr. Snehal Deshpande

#### PANELISTS:

Dr. Jospeh Howell ji  
Dr. Prashant Sharma ji  
Rakesh Mutreja ji  
Sri. Dr. Nataraj ji

## PRACTICE SESSIONS: ALL SATELLITE FIRST FLOOR

### Satellite S2

#### Session 1: 1:00PM - 2:00PM

Shrimad Rajchandra Mission:  
Sound Bath Meditation

#### Session 2: 3:00PM - 4:00PM

Transcendental Meditation:  
Evening Meditation

### Satellite S4

#### Session 1: 2:00PM - 3:00PM

International Buddhist  
Confederation  
Chanting for the World

#### Session 2: 3:00PM - 4:00PM

Transcendental Meditation

### Satellite N3

#### Session 1: 2:00PM - 3:00PM

Brahma Kumaris Relationship  
Management

#### Session 2: 3:00PM - 4:00PM

Brahma Kumaris Spiritu-tainment:  
Enjoyable Learning

### Satellite N4

#### Session 1: 2:00PM - 3:00PM

Heartfulness Experiential Session

#### Session 2: 3:00PM - 4:00PM

ISHA Foundation - Isha Yoga

### Satellite S3

#### Session 1: 1:00PM - 2:00PM

Warkari Sampraday + Sant Tukdoji Maharaj Panel Discussion:  
The Need for Unity

#### Session 2: 2:00PM - 3:00PM

Transcendental Meditation:  
Brain Mapping

#### Session 3: 3:00PM - 4:00PM

Transcendental Meditation:  
Evening Meditation





Ministry of Culture  
Government of India

**Saturday,  
16th March**

**heartfulness**  
advancing in love

## YOGA/MEDITATION SESSIONS

VENUE: Main Meditation Hall/All Satellites: First Floor/All Displays



**YOGA**  
5:30AM - 6:30AM

**Rajvi Mehta ji**  
Senior Yoga Teacher  
Iyengar Yogashraya



**MEDITATION**  
6:30AM - 7:15AM

### MEDITATION SESSION LOCATIONS

N4: Ground Floor: Heartfulness experiential sessions  
N4: First Floor: Heartfulness experiential sessions  
S4: Ground Floor: Transcendental Meditation - Morning Meditation  
S4: First Floor: Transcendental Meditation - Morning Meditation  
S3: First Floor: Transcendental Meditation - Morning Meditation

## MAIN PLENARY SESSION: Confluence of Pathways for Inner Peace to World Peace

VENUE: Main Meditation Hall/All Satellites: First Floor/All Displays

9:15AM - 10:30AM

**Session opening address by Sh. Abhijit Halder ji,**  
International Buddhist Confederation

**Address by Cardinal Anthony Poola ji,**  
Archbishop of Hyderabad

**Address by Dr. Imam Umer Ahmed Ilyasi ji,**  
AIO

**Address by Venerable Bhikkhu Sanghasena ji,**  
Mahabodhi International Meditation Centre Ladakh

**Address by Sadguru Shri Riteshwar ji,**  
Anandam Dham Vrindavan

**Address by Adarniya Atmaprit Vidhiji,**  
Shrimad Rajchandra Mission

**Address by Sh. D S Anand ji,**  
Shiromani Gurdwara Parbandhak Committee

**Address by H.E. Bawa Jain ji,**  
World Council of Religious Leaders, New York

## MAIN PLENARY SESSION: Being & Becoming

VENUE: Main Meditation Hall/All Satellites: First Floor/All Displays

10:30AM - 12:00PM

**Session opening by Jt. Secy. MoC Smt. Uma Nanduri ji**

**Address by Raj Yogi BK Mruthyunjaya, ji**  
Brahma Kumari

**Address by Swami Bodha Maya Nanda ji,**  
Ram Krishna Mission Hyderabad

**Address by Acharya Swami Mitrananda Saraswati ji**  
Chinmay Mission Chennai

**Address by Jaya Kishori ji,**  
Spiritual Orator and Life Coach

**Address by Maharaja Dr. Tony Nader ji**  
Transcendental Meditation

**Address by Sh Kabir Bedi ji, Sh Shekhar Kapur ji, Shaina MC**

## WISDOM SESSIONS: All Satellites: Ground Floor



Satellite S1

### Session 1: 1PM - 1:45PM

Dr. Rollin McCraty ji  
Director of Research HeartMath  
Topic - HeartMath, The Power of Heart

### Session 2: 3:00PM-3:30PM

Swami Virupaksha ji:  
Inner Peace to World Peace

**Session 3: 12:30PM-1:30PM**  
Nurturing Happiness, Peace, and Well  
Being Amongst Humanity in the Day of  
AI

**MODERATOR:** Pankaj

**PANELISTS:**

Sushil Ram ji  
Dr P S Pasricha ji  
Shri Devkinandan Thakur Ji Maharaj  
Swami Mitrananda ji

**Session 4: 1:45PM-2:45PM**  
Yoga in Schools: Navigating  
Relationships, Friendships and  
Peer Pressure

**MODERATOR:** Rudy Pratap  
Singh

**PANELISTS:**

Dr. Rajvi H Mehta ji  
Tenzin Celon ji  
Swami Virupaksha ji

**Session 5: 3:00PM-4:00PM**  
Spiritual Education for Holistic  
Development:  
A Need for a Bright Future

**MODERATOR:** Dr. Geeta Thakur

**PANELISTS:**

Praveen Raju KV ji  
Dr. Anjum Babukhan ji  
Rakesh Mutreja ji



**Spirituality @ Youth  
Schools and Colleges**  
Satellite N4



**Spirituality @ Work**  
Satellite N3

**Session 3: 12:30PM-1:30PM**  
The Purpose of Work & Its Relation  
to a Happy Society

**MODERATOR:** Tejinder Kaur

**PANELISTS:**

Swami Atmaprit Rakshitji ji  
Mr. Lilananda Das ji  
Mahant Uddhavji Maharaj Mandlik ji  
Sulekhatai Kumbhare ji  
Dr. Dilshah Singh Anand ji

**Session 4: 1:45PM-2:45PM**  
Thought Leadership in Spirituality  
and its Meaning for Organisations

**MODERATOR:** Anil Kumar SG ji

**PANELISTS:**

Mr. Hanuman Dass ji  
Mr. Darshan Bhatt ji  
Mr. Radheshyam Das ji

**Session 5: 3:00PM-4:00PM**  
Employee Engagement in Today's  
Time

**MODERATOR:** Priya Seth ji

**PANELISTS:**

Abhijit Halder ji  
Swamini Atmaprit Shivaniji  
Jyotindra Mukundrai Dave ji



Ministry of Culture  
Government of India

**Saturday,  
16th March**

**heartfulness**  
advancing in love

## WISDOM SESSIONS: All Satellites: Ground Floor



### Spirituality for Health Satellite S3

**Session 3: 12:30PM-1:30PM**  
Spirituality at the Cutting Edge of Medicine

**MODERATOR:** Mr. Manish Agarwal  
**PANELISTS:**  
Heather Mason ji  
Dr Trupthi Jayin ji  
Sat Bir Singh Khalsa, Ph.D. ji

**Session 4: 1:45PM-2:45PM**  
Implications of Spiritual Practices on Community Health: Journey to Swasthya

**MODERATOR:** Mr. Sudhendra  
**PANELISTS:**  
Ms. Isabelle Wachsmuth ji  
Dr. Chetan Rajhans ji  
Dr. Ranjit S. Bhogal ji

**Session 5: 3:00PM-4:00PM**  
Epigenetic, Belief and Spirituality

**MODERATOR:** Ms. Bhavna Sonkamble  
**PANELISTS:**  
Dr. Rajvi H. Mehta ji  
Raquesh Murtaja  
Dr. Charudatta Pingale ji



### Nature & Spirituality Satellite S4

**Session 3: 12:30PM-1:30PM**  
Harmonizing with Nature: Embracing Spiritual Balance in the Modern Era

**MODERATOR:** Ananya S. Rao  
**PANELISTS:**  
Hari Madathil Rajappan Nair ji  
Pierre Ravan ji  
Padmashri Dr Popatrao ji

**Session 4: 1:45PM-2:45PM**  
Interconnectedness of Nature & Spirituality: The Historical Tapestry

**MODERATOR:** Subramanian S  
**PANELISTS:**  
Frederick Stella ji  
Sri Nataraj ji  
Geshe Dorji Damdul ji

**Session 5: 3:00PM-4:00PM**  
Nature As a Teacher:  
Unveiling Spiritual Wisdom through Nature

**MODERATOR:** Leah Rich  
**PANELISTS:**  
Swami Chaitanya Keerti ji  
Vidyapradananda ji  
Haji Syed Salman Chishty ji



### Deepening Understanding of Spirituality Satellite S2

**Session 3: 12:30PM-1:30PM**  
Interfaith – Union of Hearts

**MODERATOR:** Prashanth Vasu  
**PANELISTS:**  
Dr. Joseph Benton Howell, Ph.D. ji  
Sadguru Dr. Charudatta Prabhakar Pingale ji  
Dr. Pir Zia Inayat Khan ji  
Master Minood ji

**Session 4: 1:45PM-2:45PM**  
Evolution of Consciousness

**MODERATOR:** Purnima Ramkrishnan  
**PANELISTS:**  
Dr. Elizabeth Denley ji  
Dr. Rollin McCarty ji  
Dr. Pir Zia Inayat Khan ji  
Dr. Joseph Benton Howell, Ph.D. ji

**Session 5: 3:00PM-4:00PM**  
Wisdom from Yogic and Spiritual Tradition

**MODERATOR:** Raghav Rao  
**PANELISTS:**  
Swami Japasiddhananda ji  
Swami Smarananda Giri ji  
Dr. Elizabeth Denley ji

## PRACTICE SESSIONS: All Satellites First Floor

Satellite S2  
**Session 1: 1:00PM - 2:00PM**  
Shrimad Rajchandra Mission:  
Sound Bath Meditation

**Session 2: 2:00PM - 3:00PM**  
Transcendental Meditation:  
Evening Meditation

Satellite N3  
**Session 1: 2:00PM - 3:00PM**  
Brahma Kumaris Exploring Values through  
Creative Activities

**Session 2: 3:00PM - 4:00PM**  
Brahma Kumaris Enhancing Inner Strength

Satellite N4  
**Session 1: 1:00PM - 2:00PM**  
Warkari Sampraday + Sant Tukdoji Maharaj  
Panel Discussion:  
The need for unity

**Session 2: 2:00PM - 3:00PM**  
Heartfulness Experiential Session

**Session 3: 3:00PM - 4:00PM**  
ISHA Foundation - Isha Yoga

Satellite S4  
**Session 1: 1:00PM - 2:00PM**  
Transcendental Meditation:  
Self Pulse Diagnosis Training

**Session 2: 2:00PM - 3:00PM**  
Transcendental Meditation:  
Brain Mapping

**Session 2: 3:00PM - 4:00PM**  
Transcendental Meditation:  
Evening Meditation

Satellite S3  
**Session 3: 3:00PM - 4:00PM**  
Transcendental Meditation:  
Evening Meditation



Ministry of Culture  
Government of India

**Saturday,  
16th March**

**heartfulness**  
advancing in love



**4:30PM: Prelude to the session with  
Honorable Vice President of India, Shri. Jagdeep Dhankhar**

**Address by Mr. Fred Stella ji,  
Hindu American Foundation**

**Address by Pir Zia Inayat Khan ji,  
Inayati Order**

**Address by Maharaj Kumar Sahib Dr. Lakshyaraj Singh Ji,  
Mewar of Udaipur**

**Address by Sh. Madhur Bhandrarkar ji,  
Film Personality**

**Address by Ven. Geshe Dorji Damdul ji,  
Tibet House Cultural Centre, New Delhi**

**7PM: 'Mrityunjaya'**

**Paramita Maitra:  
'Spiritual India through Percussions'  
Bickram Ghosh and team**

**Pt S Shekhar  
Sudha Raghuraman**

**Sunday, 17th March**

**YOGA/MEDITATION**

*VENUE: Main Meditation Hall/All Satellites: First Floor/All Displays*



**YOGA**  
5:30AM - 6:30AM

**Dilip Dauneria ji**  
Senior Yoga Teacher  
Kaivalyadhama



**MEDITATION**  
6:30AM - 7:15AM

**MEDITATION SESSION LOCATIONS**

N4: Ground Floor: Heartfulness experiential sessions  
N4: First Floor: Heartfulness experiential sessions  
S4: Ground Floor: Transcendental Meditation - Morning Meditation  
S4: First Floor: Transcendental Meditation - Morning Meditation  
S3: First Floor: Transcendental Meditation - Morning Meditation



**9:00AM - 10:30AM: Immersive Experience**

**Meditation with Pujya Kamlesh D. Patel ji,  
Global Guide, Heartfulness**

**Session with Sadhvi Bhagwati Saraswati ji,  
Parmarth Niketan**



**10AM-12PM:**  
**Youth and Spirituality in the Digital Age**



**GLOBAL SPIRITUALITY MAHOTSAV**  
Inner Peace to World Peace

**THANK YOU  
FOR JOINING US!**