



Heartfulness
Through meditation, joy

MEDIA INVITE

on Behalf of

Daaji & The Heartfulness Institute

We cordially invite you to witness
the launch of the Book

‘THE HEARTFULNESS WAY’

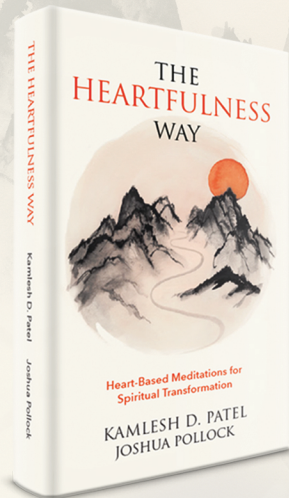
by

Mr. EA Narashiman

Governor
AP & Telangana

Daaji

Global Guide
Heartfulness Institute



The launch will be followed by a press briefing session
by the Authors: Daaji and Joshua

Details

Date : Tuesday, 30th, January, 2018

Time : 11:45 a.m

Venue : Hydermahal 1&2, ITC Kakatiya, Begumpet

Please join us for Lunch thereafter

Heartfulness: Heartfulness is an approach to the Raja Yoga system of meditation called Sahaj Marg, founded at the turn of the 20th century and formalized into an organization in 1945. More than seventy years later, Heartfulness has been adopted globally by groups across civil society, government departments, schools and colleges and the corporate world. More at www.heartfulness.org. In 130 countries, supported by around 10,000 certified volunteer trainers, over a million people are practicing Heartfulness. This number continues to grow globally through hundreds of Heartfulness Centres worldwide.

For further information please connect with Perfect Relations -
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