



Kaushalam

excellence in action

A Heartfulness Retreat Program • Kanha, Hyderabad • Year 2019

for Entrepreneurs, Executives, Professionals and Leaders
3 days residential program in Personal Mastery

holistic wellness and learning with experts
in a pristine and serene environment

heartfulness
purity weaves destiny

Program Benefits

Move from burnout to joy

Energize your time & your self

Enhance your work and personal relationship

Realign priorities for well-being & fulfilment

Get inspired by yourself: Be your own hero

Join the Heartfulness Kutumba - family

Heartfulness Kutumba Privileges

FREE

On call, Heartfulness Trainer

Mobile app to practice tools

3 to 7 days contemplation retreat with family at centres in Denmark, France, USA, Germany, Malaysia & India (Himalayas, Kerala, Pune, Kharagpur)

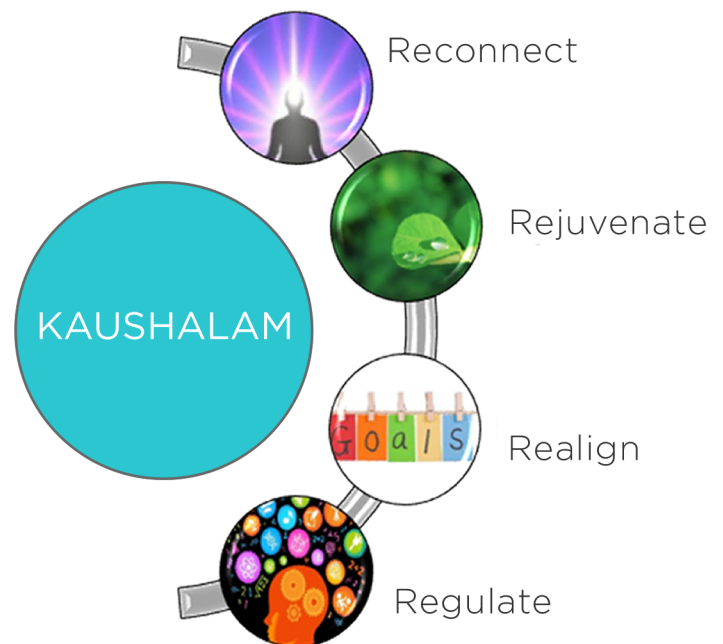
Access to Library and Day Facilities in 500+ Heartfulness centres globally

About KAUSHALAM

Experiential residential retreat with emphasis on practice.

Idyllic setting with continuous connect to nature, that includes:

- Facilitated sessions by experts
- Inspirational audio, video and reading
- Powerful peer to peer, group learning
- Self reflection and contemplation zones



Program Details



VENUE:

Heartfulness Institute, [Kanha Shanti Vanam](#), Kanha Village, Hyderabad, Nandigama Mandal Ranga Reddy District, Telangana 509325. (20 kms from Hyderabad airport)



LODGING:

Pearl Hotel, Kanha Shanti Vanam.

MAY 2019:

Fri, **May 31**, 0900 hrs to Sun, **Jun 2**, 1500 hrs

Completed

JUN 2019:

Fri, **Jun 28**, 0900 hrs to Sun, **Jun 30**, 1500 hrs

Completed

JUL 2019:

Fri, **Jul 5**, 0900 hrs to Sun, **Jul 7**, 1500 hrs

Completed

AUG 2019:

Fri, **Aug 2**, 0900 hrs to Sun, **Aug 4**, 1500 hrs

Completed

SEP 2019:

Fri, **Sep 6**, 0900 hrs to Sun, **Sep 8**, 1500 hrs

Completed

NOV 2019:

Fri, **Nov 1**, 0900 hrs to Sun, **Nov 3**, 1500 hrs

Register Now

Check in available from one day before.

Kanha Shanti Vanam



Pearl Hotel

Kanha Shanti Vanam



INVESTMENT:

Rs 25,000 per person, includes professional fees, comfortable stay in AC room twin sharing basis and wholesome vegetarian meals.

10% discount for 3 or more from one company

Program Faculty



Harpreet Bhan

VP Adizes India and Middle East – top 10 large business consulting group. Ex board member responsible for 43 countries of multibillion global security services company. Presented entire season of Radio City – Shanti Sutra. Heartfulness Trainer 15+ years



Deepak Varma

Founder Director of Technospirit focusing on Leadership training. Winner of Asia Pacific Excellence award from HP; President at Smartcity Toastmasters; Speaker at NASSCOM summit; Rich experience of working with CXOs in Telecom and IT. Heartfulness Trainer 20+ years



Subramanian Sankaran

CEO of Management Consulting Firm and Advisor/Director in multiple companies. Certified Marshall Goldsmith Stakeholder Centred Coach; Trustee in multiple NGOs; Heartfulness Trainer 20+ years



Stanislas LL

Consular Attache for the Foreign Affairs Ministry of France; several years at the Crisis Center Paris and extensive experience abroad, in China, India, Turkey and Slovakia. Master's degree in Law and Economy (France) and certificate in « Leading change » by MIT (USA). Heartfulness trainer 18+ years



Dr Elizabeth Denley

Doctorate of Philosophy in Biological Sciences, from the University of Sydney, Australia (1981); Ex-MD of Global IT company in Australia; Seasoned researcher in Science, Health & Education; Editor-in-Chief of Heartfulness magazine; Heartfulness Trainer 30+ years



Liz Kingsnorth

Organizational consultant, coach, trainer and counsellor; Founding Director of a company specialising in people development; Certified international trainer in “Nonviolent Communication” with 20 years experience; Heartfulness trainer 25+ years.



V K Somakumar

Successful Entrepreneur from Tiruppur; Ex-Secy Tiruppur Dyers Association; Led CSR initiatives in Waste Water Management; Author of books featuring his spiritual journey; Heartfulness Trainer 30+ years

There will be an additional dynamic faculty pool depending on availability for each unique session.

About Us

Heartfulness Institute offers such specialised and custom 3-5 day programs in over a hundred countries, throughout the world, for schools, universities, corporates, government and public service bodies, communities and individuals.

Some Beneficiaries



Disclaimer: All logos are property of their respective owners and are used in this website / brochure for identification purposes only. Use of these logos does not imply endorsement.

Testimonials

"Creates more awareness which leads to effective decision making"

Bhupen Chedda

Chairman, Roman Group of Companies, India.

"The program, the training is really life changing for me, transformed me and it has redefined my presumptions"

S. Navneetha Krishnan

AGM, GMR Group, Chennai, India.

"For the first time in many months, had a great deep sleep"

Rajat Prakash

Vice President, APAC, Xerox Business, Solutions-IT, India.

For Program Registration

www.heartfulness.org/kaushalam

Contact Us

Ms Shikha, 9840730388

Ms Arpan Jyoti, 9940053676

kaushalam@heartfulness.org



heartfulness
purity weaves destiny

www.heartfulness.org



Mail us

info@heartfulness.org

Toll free number

1800 103 7726 - India

1844 879 4327 - US/Canada