



**ONLINE
COURSE**

Heartful Adizes Leadership Foundations

Course

LEADING WITH HEART, WISDOM, AND INTEGRITY

An immersive experience designed to develop and empower future-ready leaders.



OVERVIEW

At the Heartfulness Institute of Leadership, we are committed to developing future-ready leaders who can navigate the complexities of the modern world by leading with both heart and mind. Our Heartful Adizes Leadership Foundations course blends the transformative principles of Adizes Management with the holistic practices of Heartfulness, offering a unique approach to leadership development.

This program equips leaders with the tools to manage change effectively, cultivate self-awareness, and lead with wisdom, integrity, and compassion. By integrating human values into professional management practices, participants will enhance their ability to foster both organizational success and personal growth.



OUR VALUES

- **Humane Leadership:** Fostering a leadership style that balances heart and mind.
- **Holistic Transformation:** Integrating personal development with organizational excellence.
- **Collaborative Growth:** Building communities of mutual trust and respect.
- **Sustainable Impact:** Creating lasting, positive change within organizations and communities.

“Today private institutions can have more impact in the world, and since Adizes is a great methodology in making business more successful, adding Heartfulness can make companies more in sync with today’s world needs, and not only focused on profit.”

— Alberto Ortiz Carpinteyro

MEET DAAJI AND DR. ADIZES

Daaji (Kamlesh D. Patel) is the spiritual guide and global head of the Heartfulness Movement, offering a unique blend of Eastern spirituality and modern scientific understanding to promote inner transformation and holistic well-being



Dr. Ichak Adizes is a renowned management consultant and author known for pioneering organizational transformation work, and helping businesses navigate change and achieve sustainable success.

ABOUT ADIZES

Adizes is a globally recognized consulting firm specializing in organizational transformation and change management. Founded by Dr. Ichak Adizes, the firm employs the Adizes Methodology to help organizations tackle complex challenges, enhance leadership, and boost performance. By aligning structure, strategy, and culture, the methodology enables companies to manage change without destructive conflict.

Adizes has successfully transformed over 1,000 organizations across 73 countries, including Fortune 500 companies, government bodies, and nonprofits. Notable clients like Bank of America, Shell Oil, and Domino's Pizza underscore their proven track record in driving impactful change across diverse industries.

ABOUT HEARTFULNESS

Heartfulness is a heart-centered approach to life, where one will ideally be able to live each moment by the heart. It is to live naturally, in tune with the noble qualities of a heart, enlightened and refined through the simple yet very effective Heartfulness practice. These qualities include compassion, sincerity, collaboration, cooperation, and forgiveness; attitudes such as generosity and humility; and the heart's fundamental nature, which is love.

The Heartfulness approach to life is supported by the four basic practices of Sahaj Marg (meaning 'natural path'). From the very first day, these practices start revealing these qualities in us.

WHAT YOU WILL ACHIEVE

By enrolling in the Heartful Adizes Leadership Foundations course, you will:

- **Expand Leadership Consciousness:** Cultivate greater awareness and insight as a leader.
- **Integrate Personal and Organizational Growth:** Align self-development with organizational success for holistic improvement.
- **Enhance Decision-Making:** Make wiser, more rounded decisions for better outcomes.
- **Strengthen Team Collaboration:** Build trust and communication within your teams.
- **Boost Workforce Engagement:** Lead with empathy to foster a more engaged and loyal workforce.
- **Achieve Strategic Alignment:** Align personal values with business goals, driving sustainable growth and organizational success.
- **Build Leadership Confidence:** Develop the confidence to lead effectively in any setting.

WHO SHOULD ATTEND?

Aspiring Leaders and Young Professionals: Ideal for those with 3-5 years of work experience, this course helps you build a foundation in leadership, mastering change management, self-awareness, and ethical behavior, preparing you for future leadership roles with a focus on integrating human values into your work.

Owners of Mid-Sized Companies: For leaders committed to scaling their businesses, this program provides strategies and tools to manage people, processes, and profits, while mastering change management and embedding human values into your leadership style for long-term success.

Nonprofit Leaders and Social Entrepreneurs: Tailored for those who lead mission-driven organizations, this course helps you stay true to your purpose while effectively mastering change management, managing resources and people, fostering a culture of social impact and community engagement.

HR Leaders and Organizational Development Specialists: Designed for professionals looking to create leadership development programs, this course equips you with the tools to master change management, integrate emotional intelligence, mindfulness, and conscious leadership practices into your organization.



LEARNING OUTCOMES

- Enhanced ability to handle organizational challenges.
- Enriched personal leadership style.
- Constructive management of conflicts.
- Ability to bulletproof organizations against destructive changes.
- Raised consciousness for optimal growth of stakeholders.

COURSE HIGHLIGHTS

- **Comprehensive Curriculum:** Explore the Adizes Methodology and Heartfulness practices through interactive workshops and real-world case studies.
- **Personal Development:** Gain self-awareness, confidence, and the ability to lead with empathy.
- **Flexible Learning:** Designed to fit the busy schedules, with a blend of theory sessions and practical workshops.
- **Tailored Content:** Exercises and case studies ensure immediate application and impact.

“Can we beat the system in its own game - can we make a capitalist - heartfelt? Aren't these contradictions in terms? Yet watching the finale, I felt it may be possible - a prosperity for all - and building on that, dignity and power for all.”

— Sehjo Singh

"It was a great learning experience. If one says, 'What they don't teach you at Harvard,' the learning in this course justifies it one hundred percent!"

— Prabodh Darvekar

COURSE STRUCTURE

- 1. Duration and Format:** 8 study weeks (total of 40 hours) online training.
- 2. Weekly Activities:** Self-study combined with reflective exercises, weekly 4-hour live-sessions including group works & group reflections
- 3. Learning Materials:** Videos, case studies, articles, workbook and Heartfulness literature available from online library
- 4. Assessment and Certification:** Continuous assessment through group work and practical exercises, with certification awarded upon successful completion.

COURSE CONTENT



Complexities in Roles of Management

Introduction to the Adizes methodology and Heartfulness practices.

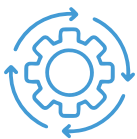
Practical exercises on Democraship, Change Loop, and the PAEI framework.



Team Dynamics & The Human Side of 4 Roles of Management

Deep dive into leadership styles and roles.

Workshops on team dynamics and effective delegation.



Predicting and Assuring Implementation

Explore the CAPI framework and Perception of Reality (PoR).

Role-playing exercises on communication strategies tailored to different management styles.



Building a High-Performance Culture of Mutual Trust and Respect

Conflict management and applying the Management Map.

ESTEEMED FACULTY



Olga Gurskaya

Turkey

Heartful Adizes Trainer and Executive Coach with 23+ years in executive finance positions in multinational corporations. Since 2015, she has been an Adizes Institute Consultant, working with global leaders and also teaches coaching.



Atul Sharma

Mumbai

Heartful Adizes Trainer with over three decades of experience in industries like Telecom, IT, and Banking. Former Executive President at Bajaj Electricals, he has held key roles in major organizations including Bank of America and JP Morgan.



Greg Mathers

Latvia

Managing Director of Adizes Latvia with over 25 years of experience in consulting and leadership, he has been a key figure in expanding Adizes' presence in Europe and also teaches MBA courses at Riga Business School.



Zsofia Tovari

Hungary

Heartful Adizes Trainer and business consultant with 20+ years of experience in finance, marketing, sales, and operations. For nearly a decade, she has been helping individuals, businesses, and communities achieve their goals.



Shridhar Thoda

Mumbai

Heartful Adizes Trainer with 24+ years in Corporate Finance, Investment Banking, and Wealth Management. He has significant experience in capital markets, mergers, and preparing organizations for equity infusion.



Jas Kamal Jit Singh

NOIDA

Heartful Adizes Trainer with 32+ years in leadership roles across Factory Operations, Quality, and Project Management. His expertise spans diverse industries including FMCG, Chemicals, and Food Safety.



Harpreet Bhan

Hyderabad

Heartful Adizes Trainer and MD of Adizes India with 35+ years in senior management. He has led start-ups, mergers, and acquisitions in global companies, managing regions across Oceania, Asia, and the Middle East.



Apurba Roy

NCR

Heartful Adizes Trainer with over 24 years in sectors like oil and gas, telecom, and consumer durables. He specializes in Learning and Development and supports Change and Transformational programs.

YOUR INVESTMENT IN LEADERSHIP GROWTH

At the Heartfulness Institute of Leadership, our program fee is customized to fit the unique needs and goals of each organization. Investing in this program gets you much more than a course — you gain access to a wealth of tools, resources, and support designed to enhance both personal and organizational transformation.

What's Included in Your Custom Leadership Experience

1. **Experiential Tools for Self-Development**

Engage in practical, hands-on exercises that make learning both impactful and immediately applicable. These tools are crafted to enhance your self-awareness and boost your leadership capabilities, ensuring that your development is more than just theory—it's transformative action.

2. **Globally Tested and Proven Methodology**

Benefit from the Adizes methodology, a globally recognized and time-tested approach to management and leadership that has successfully transformed over 1,000 organizations in 73 countries. This proven methodology will equip you with strategies to manage change without destructive conflict.

3. **Case Study Driven Learning**

Learn from real-world scenarios with carefully selected case studies that challenge your thinking and help you apply leadership concepts directly to your professional practice. This approach makes your learning tangible and applicable.

4. **Peer Learning and Collaborative Growth**

Participate in an environment rich with peer interaction and mutual growth. Through discussions, shared experiences, and diverse perspectives, you will enhance your understanding and create stronger leadership bonds with your cohort, enriching the learning process.

5. **Alumni Community and Lifelong Support**

Upon completion, become part of an exclusive alumni network. Continue your journey through access to periodical webinars, discussions with industry experts, and a support system designed to keep you connected, updated, and thriving long after the course ends.

ADDITIONAL BENEFITS INCLUDED

- **Textbooks and Learning Materials:**
Receive “Mastering Change” by Dr. Ichak Adizes and “The Heartfulness Way” by Kamlesh D. Patel (Daaji), along with comprehensive course handouts and supporting literature.
- **Certification:**
Earn a certificate from the Heartfulness Institute of Leadership (HIL) upon successful completion of the program.
- **No Extra Fees for Exams and Course Materials:**
All examination fees and materials are included, ensuring you have everything you need without unexpected costs.
- **HIL Alumni Enrolment:**
Get complimentary lifetime enrolment as an HIL alumnus, offering continual opportunities for growth and development.
- **Lifelong Personal Heartfulness Trainer Support:**
Benefit from lifelong access to a personal Heartfulness trainer at no additional cost to support your ongoing personal and leadership development.
- **Access to Heartfulness Centres and Libraries Worldwide:**
You and your family gain access to over 500+ Heartfulness centres and libraries worldwide, offering opportunities for continuous self-improvement and family well-being.

READY TO TRANSFORM YOUR LEADERSHIP

Take the next step towards a customized leadership development journey that aligns with your needs and ambitions

GET OUR CUSTOM QUOTE TODAY

CALL: 1800 103 7726

MORE INFO: hello@hileadership.org

WEBSITE: www.hileadership.org

For updates, news about Heartfulness Institute of Leadership follow us on Facebook, Instagram and LinkedIn.

