

HEARTFULNESS ESSAY EVENT 2026

Organized by

Shri Ram Chandra Mission, Heartfulness Education

DIRECT PARTICIPANT FORM

[To be filled in BLOCKLETTERS, signed by the participant and securely attached to the essay]

All mandatory fields are marked with an asterisk (*)

Name of the participant*:

Grid for Name of the participant* (2 rows, 20 columns)

Father's or Mother's name*:

Grid for Father's or Mother's name* (1 row, 20 columns)

Date of birth (DD-MM-YYYY)*:

Grid for Date of birth (DD-MM-YYYY)* (2 rows, 8 columns)

Age*:

Grid for Age* (1 row, 2 columns)

Class/Course/Grade:

Grid for Class/Course/Grade (1 row, 20 columns)

Full name of the School /

Grid for Full name of the School / (1 row, 20 columns)

College:

Grid for College (1 row, 20 columns)

Address of School:

Grid for Address of School (2 rows, 20 columns)

City / Town:

Grid for City / Town (1 row, 20 columns)

District:

Grid for District (1 row, 18 columns)

State:

Grid for State (1 row, 18 columns)

Country:

Grid for Country (1 row, 18 columns)

Contact details of participant*:

Grid for Contact details of participant* (1 row, 20 columns)

City / Town*:

Grid for City / Town* (1 row, 18 columns)

State*:

Grid for State* (1 row, 18 columns)

Country*:

Grid for Country* (1 row, 18 columns)

PIN*:

Grid for PIN* (1 row, 6 columns)

Email ID*:

Grid for Email ID* (1 row, 18 columns)

Category* 1 (Age 14-18)

Category 2 (Age 19-25)*

(Tick in the box for applicable category)

LANGUAGE OPTED for writing Essay*:

Grid for LANGUAGE OPTED for writing Essay* (1 row, 10 columns)

How did you get to know about the event*

Grid for How did you get to know about the event* (1 row, 20 columns)

1. I am 16 years or older or I have parental consent to submit my information for the essay event *
2. Through the submission of this Essay, the author grants and assigns all proprietary rights (including copyrights) to Shri Ram Chandra Mission. The assignment shall be deemed to be royalty perpetual, worldwide and irrevocable. Shri Ram Chandra Mission may sublicense its rights through multiple tiers of sublicenses and may use, reproduce, create derivative works from, modify, publish, edit, translate, distribute, perform and display the communication or content in any media or medium, or any form, format or forum now known or hereafter developed *
3. I hereby declare that I am the sole person who has written this essay. As I am permitted to quote literature and research on the topic, I have given due credit to the ideas obtained from others or from any reference material *
4. I agree with the Terms of Use and Privacy & Cookie Policy of Shri Ram Chandra Mission *
5. In case I am selected for an award I undertake to provide proof of my age within the stipulated time. I understand that if I fail to do so I will not be eligible to receive the award *

I hereby confirm, all the entries made in the above form are correct * Yes

Enrolment No: [for office use only]

Grid for Enrolment No: [for office use only] (1 row, 10 columns)

Signature of Participant
